



Survival School
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1 NIGHT BUSHCRAFT COURSE – ESCOT PARK

DATES & TIMES	12pm until 12pm the next day
CONTACT TELEPHONE NUMBER	07786 436518
COURSE LEADER	Jonny Crockett
DIRECTIONS FROM EXETER	From Exeter, take junction 29 on the M5 and head towards Honiton on the A30. About 8 miles from Junction 29 you will see a brown road sign showing the turning for Escot. Turn left off the dual carriage way, turn right off the slip road, turn right after you pass under the dual carriage way, take the second turning on the left following signs for Fairmile (do not go back onto the dual carriage way). Turn right opposite the Fairmile Inn. Drive into Escot (between the stone pillars) and then take the left hand fork to the restaurant car park.
DIRECTIONS FROM THE EAST	Follow the A303 to the A30. Drive past Honiton. When you leave the built up area of Honiton, take the first slip road off the A30. Escot is marked on a brown road sign. Turn left at the end of the slip road. Keep going until you drive past a Memorial. Take the next left following signs for Fairmile (do not go back onto the dual carriage way). Turn right opposite the Fairmile Inn. Drive into Escot (between the stone pillars) and then take the left hand fork to the restaurant car park.
SATNAV POSTCODE	EX11 1LU

The course will start as soon as you arrive at Escot Country Park car park at 12:00 pm. You will be escorted from the car park to the course area by a one of the instructors who will guide you through until you get back to the car park at 12:00pm one day later.

Whilst every effort has been taken to ensure the safety of those who come to our courses, we would like to the following rules to be adhered to:

1. Instructors' directions are to be obeyed at all times.
2. No fires are to be lit unless supervised.
3. Only food brought with participants or provided by Survival School is to be consumed by visitors.
4. No litter to be dropped.
5. Safety should be the first concern of all participants.
6. Conservation should be the second concern of all visitors.
7. Where safety is an issue, the instructors' word is final.

Escot Country Park is still a family home. Please leave it as you found it. Nothing should be taken to Escot Country Park that is not taken away and nothing should be taken away except fond memories. We cannot control the weather and so if you bring everything on the Survival School Kit List, it will add to your survival experience.

Kit List

You do not need much for a Survival School course. Please save your money and do not buy expensive kit. The more you know, the less you need to carry.

IF YOU NEED TO BUY KIT, PLEASE LET US KNOW.

Kit List

Suitable outdoor clothing (see below)

Sleeping bag

Insulated sleeping mat

Knife, fork, spoon, mug, bowl and plate

Water bottle (1 litre mineral water bottle will do)

Torch with fresh batteries

Wash kit & towel

Whistle

Personal toiletries & medication (to include toilet roll, sunscreen, insect repellent and lip salve)

Antibacterial wipes/soap

Tea or Coffee + whitener

Small first aid kit (plasters, bandages, headache pills etc.)

Spare change of clothing

Camera + Notebook + pen (optional)

Outdoor clothing

Outdoor clothing should be tough and comfortable. Wearing several thin layers is better than a few thick layers. A waterproof jacket and several sweatshirts underneath are sufficient. Jeans should not be worn, as they are slow to dry, clinging and cold. Natural colours or camouflage will give you a better chance of spotting wildlife. Walking boots are ideal, but wellies in wet weather and trainers in dry weather will suffice.

Please pack your torch, antibacterial wipes/soap and insect repellent at the top of your bag.

Food

You will be fed on Friday night and Saturday breakfast. Alcohol is not permitted on this course.