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FIRST AID COURSE KNIGHTLEY PARK - STAFFORDSHIRE

DAYS AND TIMES	7pm FRIDAY to SUNDAY 12pm
CONTACT TELEPHONE NUMBER	07786 436518
COURSE LEADER	JONNY CROCKETT

DIRECTIONS FROM THE SOUTH	M42 - J9 - A446 - A 38 - Burton-on-Trent / Branston Junction. First left off island towards Tatenhill. Straight over cross roads in Tatenhill, to Rangemore village. We will meet outside the Church in Rangemore.
DIRECTIONS FROM THE NORTH EAST	M1 to J24A. A50 to A38. South to Burton-on-Trent / Branston Junction. Third exit off island towards Tatenhill. Straight over cross roads in Tatenhill, to Rangemore village. We will meet outside the Church in Rangemore.
DIRECTION FROM THE NORTH WEST	M6 to J15 A500/A50 towards Uttoxeter / Derby. Turn onto the A515 at Sudbury heading for Lichfield. Come through Draycott-in-the-Clay, up the hill and take the second left at the six-lane junction onto the B5017. Follow this road towards Burton-on-Trent until you come to a traffic island with a Jet garage. Turn right towards Rangemore with the New Inn car park on your left. Take the next left and we will meet outside the Church in Rangemore.
SATNAV POSTCODE	DE13 9RW

The course will meet on the road outside Rangemore church at 19:00 pm. You will be escorted from the church to the car park and on to the course area by one of the instructors who will guide you through until you get back to the car park at 12:00pm two days later.

Whilst every effort has been taken to ensure the safety of those who come to our courses, we would like to the following rules to be adhered to:

1. Instructors' directions are to be obeyed at all times.
2. No fires are to be lit unless supervised.
3. Only food brought with participants or provided by Survival School is to be consumed by visitors.
4. No litter to be dropped.
5. Safety should be the first concern of all participants.
6. Conservation should be the second concern of all visitors.
7. Where safety is an issue, the instructors' word is final.

Knightley Park is still part of a private estate. Please leave it as you found it. Nothing should be taken to Knightley Park that is not taken away and nothing should be taken away except fond memories.

Kit List

You do not need much for a Survival School course. Please save your money and do not buy expensive kit. The more you know, the less you need to carry.

IF YOU NEED TO BUY KIT, PLEASE LET US KNOW.

Suitable outdoor clothing (see below)
Sleeping bag
Insulated sleeping mat
Folding Chair for Classroom Sessions
Knife, fork, spoon, mug, bowl and plate
Water bottle (1 litre mineral bottle will do)
Torch with fresh batteries & 1 spare set
Food to last for 2 Breakfasts, 1 lunch and 2 evening meals
Means to light a fire or camping stove to cook with
Wash kit & towel
Billy Can
Hammock/Basha + Bungees or Tent
Water is provided
Tea/coffee/chocolate + whitener
Whistle
Personal toiletries & medication (to include sunscreen, insect repellent and lip salve) Small first aid kit (plasters, bandages, headache pills etc.)
Spare change of clothing
Camera + Notebook + pen (optional)

Outdoor clothing

Outdoor clothing should be tough and comfortable. Wearing several thin layers is better than a few thick layers. A waterproof jacket and several sweatshirts underneath are sufficient. Jeans should not be worn, as they are slow to dry, clinging and cold. Natural colours or camouflage will give you a better chance of spotting wildlife. Walking boots are ideal, but wellies in wet weather and trainers in dry weather will suffice. Please pack your torch, antibacterial wipes/soap and insect repellent at the top of your bag.

Food

Alcohol and non-prescription drugs are not permitted on this course.

Itinerary

The Course will start with a safety brief and introduction. You will then be shown to the camp you will use for the duration of your assessment. Administration and exemptions will take place on the Friday evening. We will then start to work through the Candidate Record Sheet. Once you have finished your assessment and have received your results, you will be free to go.

Feedback and Complaints

Any feedback from you course is always welcome. If you have a complaint it should first be raised with the instructor running the course. If you are still not happy, please contact us in writing at the address above within 10 working days of the course finishing. We will always strive to amend our courses for the best experience for all concerned.

Insurance

Our public liability insurance is with Lloyds and the certificate number is T2015031913130358.