



Survival School  
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## 1 DAY BUSHCRAFT COURSE – ESCOT COUNTRY PARK

<b>DATES &amp; TIMES</b>	9am to 5pm
<b>CONTACT TELEPHONE NUMBER</b>	07786 436518
<b>COURSE LEADER</b>	Jonny Crockett
<b>DIRECTIONS FROM EXETER</b>	From Exeter, take junction 29 on the M5 and head towards Honiton on the A30. About 8 miles from Junction 29 you will see a brown road sign showing the turning for Escot. Turn left off the dual carriage way, turn right off the slip road, turn right after you pass under the dual carriage way, take the second turning on the left following signs for Fairmile (do not go back onto the dual carriage way). Turn right opposite the Fairmile Inn. Drive into Escot (between the stone pillars) and then take the left hand fork to the restaurant car park.
<b>DIRECTIONS FROM THE EAST</b>	Follow the A303 to the A30. Drive past Honiton. When you leave the built up area of Honiton, take the first slip road off the A30. Escot is marked on a brown road sign. Turn left at the end of the slip road. Keep going until you drive past a Memorial. Take the next left following signs for Fairmile (do not go back onto the dual carriage way). Turn right opposite the Fairmile Inn. Drive into Escot (between the stone pillars) and then take the left hand fork to the restaurant car park.
<b>SATNAV POSTCODE</b>	EX11 1LU

The course will start as soon as you arrive at Escot Country Park car park at 09:00 am. You will be escorted from the car park to the course area by one of the instructors who will guide you through until you get back to the car park at 5:00pm later that day.

Whilst every effort has been taken to ensure the safety of those who come to our courses, we would like to the following rules to be adhered to:

1. Instructors' directions are to be obeyed at all times.
2. No fires are to be lit unless supervised.
3. Only food bought with participants or provided by Survival School is to be consumed by visitors.
4. No litter to be dropped.
5. Safety should be the first concern of all participants.
6. Conservation should be the second concern of all visitors.
7. Where safety is an issue, the instructors' word is final.

Escot Country Park is still a family home. Please leave it as you found it. Nothing should be taken to Escot Country Park that is not taken away and nothing should be taken away except fond memories.

# Kit List

You do not need much for a Survival School course. Please save your money and do not buy expensive kit. The more you know, the less you need to carry.

## **Kit List**

Suitable outdoor clothing (see below)

Spare change of clothing

Packed Lunch / snacks

Flask of tea / coffee etc

## **Outdoor clothing**

Outdoor clothing should be tough and comfortable. Wearing several thin layers is better than a few thick layers. A waterproof jacket and several sweatshirts underneath are sufficient. Jeans should not be worn, as they are slow to dry, clinging and cold. Natural colours or camouflage will give you a better chance of spotting wildlife. Walking boots are ideal, but wellies in wet weather and trainers in dry weather will suffice.